



Dr. Kieran Ayre
Executive Director

Ph.D., MSW, LCSW, ACSW, C-CATODSW, LCADC,
CWTS, CCDS, MATC, FAC, ACS, CSC, CCS

We consistently provide positive outcomes for even the most challenging of cases in an upscale environment, offering the highest level of privacy and confidentiality. Please feel free to contact us directly about ways we can best serve you.

Sincerely, Kieran

Dr. Kieran Ayre is a Licensed Clinical Social Worker and a Licensed Clinical Alcohol and Drug Counselor with 30 years of clinical experience working with adults, adolescents, couples, parents, and families. He has published numerous articles and papers and has lectured at both statewide and national events. Dr. Ayre is a recognized expert in the areas of co-occurring disorders, treatment, and alternative Substance Use Disorders (SUDs) treatment approaches.

Counseling Services for Discerning Clients



Ayre Counseling has been providing premier substance abuse and psychiatric services to adults, young adults, adolescents and families in the Morris County area, with a distinctive style of optimism and encouragement, since 1993.

Ayre Counseling is a full service, private, group practice that offers a comprehensive array of Mental Health, Substance Use Disorder and Co-Occurring Disorder services.

We offer mental health and substance abuse evaluations, psychiatric evaluations, toxicology testing, individual, family and group counseling.

From our upscale atmosphere to superior staff to state of the art flexible treatment strategies that work, Ayre Counseling is the Premier Behavioral Health and Substance Abuse Group practice in the Northern New Jersey region.

One Madison Ave.

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833-CHANGE4

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Specialists in Substance Abuse Treatment and Mental Health Counseling

**Flexible Solutions
for
Lasting Change**



Substance Abuse and Addiction Services

Offering the most flexible treatment options to fit your life

We offer traditional abstinence-based models, non-abstinence based models and harm reduction models. Individual, group, substance use evaluations, comprehensive toxicology testing and highly personalized Intensive Outpatient Programs provided in a private and confidential setting.

Alternative to Intensive Outpatient Program (AIOP):

Highly individualized Intensive treatment in a discreet setting utilizing a proven multidisciplinary team approach.

Medication-Assisted Treatment (MAT)

combines behavioral therapy and medications to treat substance use disorders.

- » ACOA Issues-Individual and Group
- » Process Addictions/Behavioral Addictions
- » Substance Abuse/Chemical Dependency
- » Living With A Loved One with Addiction
- » Impaired Professionals Treatment
- » VIP's/Executives/Professionals & Highly Discerning Patients
- » Toxicology Services-Substance Monitoring
- » Teen Early Intervention Counseling
- » High School and College Specialists
- » Soberlink Certified Provider
- » Treatment Placement Concierge Services
- » Parents and Family Counseling

Mental Health Counseling Adolescent to Adult

Individual and Group Counseling

Ayre Counseling employs clinical practice associates who come from the disciplines of psychology, clinical social work, professional counseling and Substance Abuse Disorders (SUDs) counseling. All associates are Masters plus prepared and hold independent practice licenses.

Psychiatric Services: Evaluations, Counseling, Comprehensive Psychiatric Services, Medically assisted care. Ayre Counseling prides itself on having a board-certified psychiatrist as a part of the practice that allows for coordination with therapeutic providers.

Co-Occurring Disorders: We provide integrated care to treat mental health issues and addictive behavior together utilizing proven, evidence-based treatment by our talented team of clinicians

- » Co-Dependency Issues
- » Teens Counseling-Individual and Group
- » Anger Management-Individual and Group
- » Marital/Couple Conflict
- » Parent/Child Conflict
- » Anxiety/Stress Issues
- » Sexual Addiction/Compulsion
- » Behavioral Problems/Disturbance
- » Obsessive Compulsive Disorder
- » Depressive Disorders
- » Bipolar Disorder
- » Stage of Life Issues/Life Changes
- » Parenting Approaches/Parenting Coaching

Specialty Services

Offering the most choices for the best possible outcomes

VIP's/Executives/Professionals & Highly Discerning Patients

We offer individual and group programs for business executives, healthcare providers, lawyers, and other professionals. Ayre Counseling is up to date with the needs of specific professional boards that may have mandated treatments.

Forensic Substance Abuse Evaluations

Forensic Substance Abuse Evaluations. Our qualified staff are fully equipped to provide a Forensic Substance Abuse Evaluation that meets all legal and other requirements.

Visit our website for details on our comprehensive services at www.ayrecounseling.com

Call Dr. Ayre for a complimentary case consultation at 973- 670-3123

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